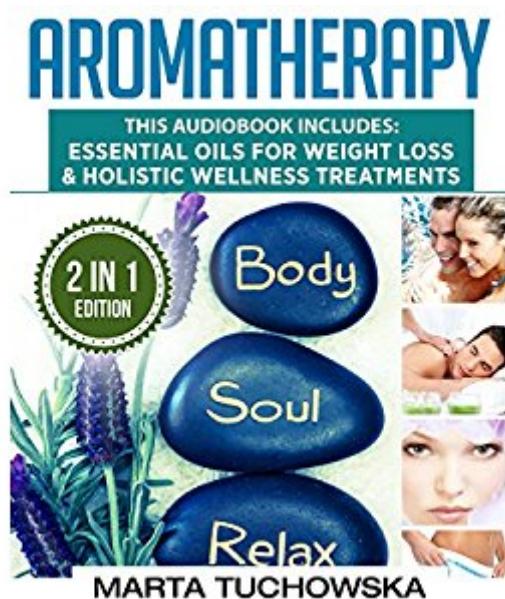


The book was found

Aromatherapy: 2 In 1 Bundle: Essential Oils For Weight Loss & Holistic Wellness Treatments



Synopsis

Relax and rejuvenate your body, mind and soul! Discover the healing power of essential oils, aromatherapy and other natural treatments. Get your energy back naturally, relax, stimulate weight loss, create natural beauty treatments and give yourself a well-deserved break whenever you need it! Amazing health benefits: Discover holistic all natural aromatherapy recipes Increase mental focus, physical energy and concentration Get rid of toxins and excess salts from your body Take care of your immune system Create natural beauty treatments Relax whenever you need + much more! Get your copy today! Give yourself the energy and vibrant health you deserve. Start healing from the inside out!

Book Information

Audible Audio Edition

Listening Length: 2 hoursÂ andÂ 41 minutes

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Customer Reviews

I really enjoyed reading this book. It had a lot of good information about how essential oils can help with weight loss. Along with the writers insights. Very impressed with her knowledge

Am currently reading these books....and am learning a lot about Aromatherapy! Didn't know a thing about it before, and best of all these are free for your Kindle!!

A good set of books. Easy to read and understand. Has some recipes, but I was looking for something with more on vaporizing the scents rather than massage or putting them in lotions for use on the skin. Still a good starting point. She explains what the different oils do and that is very

valuable.

Very informative for those who have never used essential oils like myself. Step by step instructions and warnings of what not to do.

This book gave me new insight on how to use oils and how to relax (which has always been a problem). Will read more books by her.

Has some good ideas and recipes.

love these

one of many essential oil books so that I can learn more.

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